

## BIODATA

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*Date of Birth :* 10<sup>th</sup> February 1968

*Qualifications :* MBBS from Assam Medical College, Dibrugarh, Assam.  
DMRD from Kasturba Medical College, Manipal, Karnataka.

### **Fellowship in History -**

Senior Fellow

Centre for Military History and Conflict Studies

(Formerly Centre for Armed Forces Historical Research)

United Service Institution of India,

New Delhi.

### *Languages*

*known :* Hindi, English, Assamese.

### *Subjects of*

*Study :*

- 1) Study and documentation of history and culture of Western Uttar Pradesh through compilation of published work, photographs and recording of oral historical narratives as well as memories.
- 2) History of the Great Uprising of 1857.
- 3) Alha Udal folk rendition of Western Uttar Pradesh.
- 4) Military history and history of warfare in India with a special focus on the strategic importance of the Upper Ganges-Yamuna Doab.
- 5) History and Culture of North East India.
- 5) Indic civilisation with reference to its history, people, culture, languages and religion etc.

- 5) Hepato-Pancreato-Biliary ultrasonography and interventional ultrasonography
- 6) Modern Spirituality, including studies in reincarnation, past life and near death experiences etc. Also studies on collective subconscious

*Working as :* Radiologist and Ultrasonologist

Aryavart Hospital  
Roorkee Road, Daurala, Meerut.

Meerut Kidney Hospital,  
LIC Road, Prabhat Nagar, Meerut.

### ***Publications***

#### ***History:***

First author of book '**History and Culture of Western Uttar Pradesh**' A two volume detailed history of this region, time period covered being from coming of humans upto 1915. A special section of the various aspects of the culture of North Western Uttar Pradesh is a first such compilation ever. Published 2015.

Authored book '**1857, Living History**' published by the Government Museum, Jhansi, UP. The book was released on 14<sup>th</sup> December, 2009, at the Indian Institute of Public Administration, New Delhi, by the Chairman of the Institute, the famous academic and bureaucrat, Sri. T. N. Chaturvedi.

Co-authored book titled '**Revolution of 1857 and Meerut**' which carried first hand research work regarding events and sites linked to the Great Upsurge of 1857.

Co-editor of book released on the 6<sup>th</sup> of May, 2007, at the inaugural function organised by the Govt. of India and Govt. of Uttar Pradesh to celebrate the 150<sup>th</sup> anniversary of the Great Upsurge of 1857. The book titled '**1857, Sajhi Shahadat Ke Kuch Phul**' was published by the Nehru Yuva Kendra Sangathan, New Delhi

An article by the author titled '**Meerut Cantonment and the War of Independence, 1857**' was published in the prestigious journal of the United Services Institution of India, New Delhi

An article by the author published in the **Indian Defence Review** titled

‘The Great Upsurge of 1857: Historical sites in Meerut Cantonment’.

Many articles by the author have been published in various sources regarding the history of Western Uttar Pradesh, heritage of Meerut region as well as the history of the Great Upsurge of 1857.

**Books in process of publication / compilation –**

- a) Meerut 1857 – This is part of a series of books / travel guides on important locations where the great uprising took place, including Delhi, Lucknow and Kanpur. Each of the books has a separate author, Indian as well as foreign and is being published by Harper Collins.
- b) Alha Udal Ballad Rendition of Western Uttar Pradesh - A War Rendition of India.

The book is based on a military rendition of northern India called Alha and its relevance in understanding citizen soldiers of northern India in the medieval period.

- c) Works in process of compilation -

A work on anti-colonial history of North Eastern India is being finalized.  
A book on the rural uprisings of Western Uttar Pradesh is nearing completion.  
A book on Hastinapur is under process of publication.  
A book titled - Essays on Military History of India c. 1000 to 1803 AD is in the process of finalisation. This will give a detailed military history of the period in consideration covering all aspects including battles, armies as well as their various organisational structures and tactics including cavalry, infantry, artillery, siege warfare etc.

***Publications***

***Radiology:*** Co-authored book titled ‘**Understanding Endoscopic Ultrasonography**’.

Journal – **Tropical Gastroenterology**, 2008

Article – Dead work in common bile duct

Journal – **Gastroenterology**, Aug, 2009

Article – Endoscopic Ultrasound in CBD Stone,

Journal – **Gastrointestinal Endoscopy**, Nov, 2009

Article – Perforators of common bile duct wall in portal hypertensive biliopathy (with videos)

Journal - **Gastroenterology**, Jan 2011

Article - An unusual endoscopic ultrasound image of the common bile duct. Biliary intraductal neoplasia in the choledochal cyst.

Journal - **Tropical Gastroenterology**, Oct – Dec 2011

Article - Dead worm in common bile duct

Journal – **Journal of Advance Researches In Biological Sciences** (A Peer Reviewed Indexed Medical Journal). Periodical of Society of Biological Scientists of India, 2013

Article – Ultrasonic Measurement of Common Bile Duct Diameter in an Indian Population

Journal - **World Journal of Gastrointestinal Endoscopy**, Oct 2015

Article - Imaging of common bile duct by linear endoscopic ultrasound.

Journal - **Gastrointestinal Endoscopy**, March 2016

Article - Pancreatic duct ascariasis

Journal – **American Journal of Gastroenterology**, May 2016,

Article – Primary Peritoneal Hydatidosis – case of the month.

Journal - **Endoscopy**, Jan 2016

Article - Endoscopic ultrasound imaging of pancreatic duct ascariasis

Journal - **Endoscopic Ultrasound**, Nov, 2016

Article - Blind areas of cardiac imaging during transesophageal echocardiogram/endoscopic ultrasound

Journal - **Lung India**, May – June 2016

Article - Imaging of spaces of neck and mediastinum by endoscopic ultrasound

Journal - **Endoscopic Ultrasound**, Jan 2016

Article - Imaging of pancreas divisum by linear-array endoscopic ultrasonography.

***Revival of a  
dead Art  
form :***

The folk art form of ‘**Alha Udal Rendition of Western Uttar Pradesh**’

was nearly completely lost by 2012 as only one individual could be found who could sing it in its original format. A rendition that was prevalent all through Western UP, Delhi and Haryana was nearly extinct because of rapid urbanisation and influx of mass media in this region. A project for its conservation was undertaken under the Centre for Armed Forces Historical Research, United Service Institution of India, New Delhi. Out of 52 original stories, 32 could be found and these were all recorded by the bard. Local artists were also trained to be able to play musical instruments with the singer.

He is also working for preservation of oral folk renditions of the rapidly urbanising region of Western Uttar Pradesh, including preservation of booklets / published material documenting these folk renditions.

***Projects  
undertaken :***

**Between 2021 – 2023 –**

- 1) Renovation of the Government Freedom Struggle Museum at Meerut in coordination with the Govt. of Uttar Pradesh and Dept. of Museums of the state of UP. Subsequent to the renovations, the museum was visited by the Honourable Prime Minister of India, Sri. Narendra Modi and Honourable Chief Minister of Uttar Pradesh Sri. Yogi Adityanath.
- 2) Establishment of Kranti Path which is a walking footpath covering the sites of major events as they occurred on the fateful day of 10<sup>th</sup> May, 1857 in Meerut cantonment. It extends for a distance of 4.4 km, beginning and ending at the Shaheed Smarak, taking anyone who follows it by foot or bicycle to the sites of major events, 21 bilingual stone markers being present as a guide at these sites. The project has been undertaken by the Dept. of Tourism, Govt. of Uttar Pradesh.

**Before 2021 –**

- 1) In coordination with Meerut Sub Area (the present Paschim UP Sub Area) and Cantonment Board, Meerut cantonment –

**Identification of 20 sites in Meerut cantonment** linked to the episodes of the Upsurge of 1857 and putting up of stone markers at these sites. Project was undertaken in 2002.

- 2) In coordination with Cantonment Board, Meerut cantonment –

**Establishment of two statues on the Mall Road** commemorating the Great Upsurge of 1857. Statues erected in 2002 and 2003 respectively.

- 3) In coordination with the Meerut Development Authority under the guidance of the Divisional Commissioner, Meerut Division –

Securing, cleaning up and landscaping of the badly neglected and misused 'Shaheed Smarak' complex near the Income Tax Office, Meerut. Project undertaken in 2004 – 2005.

- 4) Coordinating with the Department of Museums, Government of Uttar Pradesh, in the **establishment of a Museum at Meerut** - The Government Freedom Struggle Museum.

The first part of the museum displayed events related to the Upsurge of 1857 with a special gallery dedicated to Meerut cantonment. The work of this first stage was undertaken between 2005 and 2007 and the Museum was formally inaugurated on the 10<sup>th</sup> of May, 2007, the 150<sup>th</sup> Anniversary of the Great Upsurge.

The second extension of the museum dealt with various aspects of the Indian Freedom Struggle and has a gallery dedicated to the ancient heritage of Western Uttar Pradesh. This section was inaugurated in 2010.

- 5) In coordination with the Meerut Development Authority under the guidance of the Divisional Commissioner, Meerut Division –

Repairs as well as partial reconstruction of the memorial podium at Bhamahshah Park (Victoria Park), Civil Lines, Meerut, from where the official announcement of Indian Independence was made at the last session of the Indian National Congress before independence, held in November, 1946. Project undertaken in 2006

- 6) Coordinated with Meerut Sub Area (the present Paschim UP Sub Area) and Cantonment Board, Meerut cantonment –

A 'Kranti Dwar' was constructed on the Rohta Road junction which was one of the main entry point of Meerut Cantonment. Two murals were made on the two sides of the gate commemorating the events that occurred in Meerut in 1857, with relevant text in Hindi and English for information.

Gate was inaugurated on the 8<sup>th</sup> of April, 2007, the 150<sup>th</sup> Anniversary of the hanging of Mangal Pandey at Barrackpur.

- 7) Compiled history of the Army Service Core Depot and Meerut military Butchery. Plaques were put up displaying this history at relevant sites. Project undertaken in 2009.
- 8) Compilation of history of CDA Funds, Meerut Cantt and construction of a museum in the office of the organisation. Project undertaken in 2010.
- 9) Compilation of history of Artillery Lines of Meerut Cantt. Project undertaken in 2011.
- 10) Was advisor to the National Museum Institute, New Delhi, on a project documenting the fast vanishing Intangible Cultural Heritage of Western Uttar Pradesh.
- 11) Ongoing projects in various villages of Western Uttar Pradesh which participated in the War of Independence, 1857.

Many villages of this region participated in the Great Uprising of 1857. In most of these villages, nearly all of the male population was killed and property was destroyed / confiscated in retaliatory strikes by the colonial administration. Since 2007, we have undertaken a project of identifying these villages through archival records, old references etc and following it up with field tours of the relevant locations. In most of these cases we were the first people to go to these villages in more than 150 years.

We organise yearly programs at these villages on relevant historical dates, in coordination with local leaders. At the first such program we present a stone plaque to these villages delineating the original historical facts regarding their participation in the Indian freedom struggle and give them the designation of 'Kranti Gram'.

The villages where yearly programs are being conducted under this project include Busodh, Bijraul, Barka, Sirsali, Ukhulpura and Johri. The process of adding other villages in districts Saharanpur, Baraut, Ghaziabad, Hapur and Bulandshahar is underway.

*Introduced :* The Ultrasonographic technology of Elastography was introduced in India through an inaugural lecture at the U.P. State conference of the UP chapter of the Indian Radiological and Imaging Association held in 2007.

*Educational talks :* Undertakes talks and interactive programs in various institutions and

schools on the following subjects –

**Meerut Cantonment, Cradle of the Great Indian Freedom Struggle**

A one hour presentation on sites linked to the Great Uprising with a narrative of events.

**Strategic Geography of Northern India**

It is a one hour talk delineating the battlefield history of the northern part of the Indian subcontinent, the traditional routes of movement of armies through this region in the period 1000 AD to 1800 AD, giving an insight to the listener about the reasons for Delhi region being the location of some of the decisive battles of Indian history of this period.

**Strategic Geography of Upper Ganges – Yamuna Doab and Meerut Cantonment**

It is a one hour presentation taking listeners on a tour of the battlefield history of the lands around Delhi and the importance of the upper Ganges – Yamuna Doab in the military dynamics of these confrontations, leading in turn to the reasons as to why a large military contingent was always stationed in Meerut through all these years.

**The Mind and the Great Leap**

A one hour presentation on the great leap of the human collective unconscious and collective memory in this new time and age. A special reference is built into the presentation on the children of this new age and how to understand them.

**Heritage of Meerut**

A one hour presentation on history of Meerut and the surrounding region sequentially told from the coming of humans to the present age through pictures and photographs.

**Meerut and the Great Uprising of 1857**

A one hour presentation detailing the events of the Great Uprising through a sequential display of photos of sites linked to the uprising.

**The Great Uprising of 1857 in Dist. Ghaziabad**

A one hour presentation on the events as they occurred in various locations of this district from 11<sup>th</sup> May, 1857 to 20<sup>th</sup> September, 1857.

**An Introduction to North-East India and its contribution to the Indian Freedom Struggle.**



A one hour presentation introducing listeners to the amazing culture, geography and environment of North-East India with associated relevant information on the battles fought by various population groups of this region through the long drawn Indian freedom struggle.

**Alha Udal Ballad Rendition of Western Uttar Pradesh**

A half hour presentation on this near extinct format of Alha Udal rendition which was originally sung in Western Uttar Pradesh, Delhi and adjoining parts of Haryana.

*Educational  
tours :*

Imparts information about Meerut and Western Uttar Pradesh as well as the Great Uprising of 1857 to interested visitors and arranges voluntary visits to battlefields linked to the Great Upsurge of 1857 as well as monuments linked to other periods of history of this region. Visitors include Indian and overseas travellers who visit Meerut as part of History and Battlefield Tourism. In case of foreign travellers strict protocols are followed as concerns movement of foreigners within Meerut cantonment.